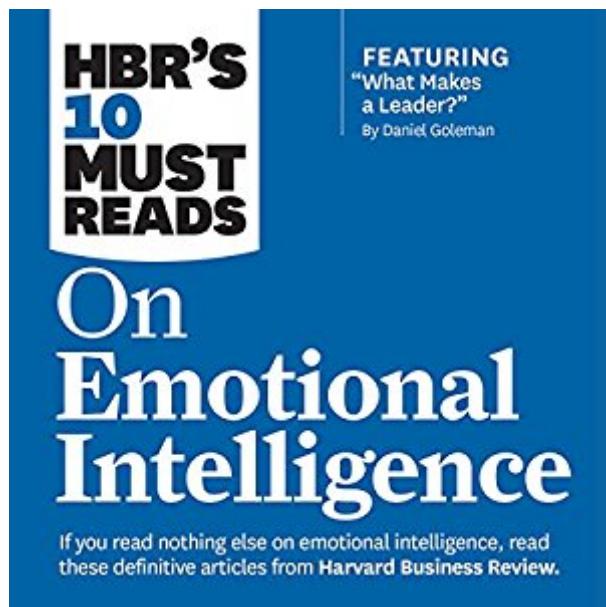


The book was found

# HBR's 10 Must Reads On Emotional Intelligence



## **Synopsis**

In his defining work on emotional intelligence, best-selling author Daniel Goleman found that it is twice as important as other competencies in determining outstanding leadership. If you listen to nothing else on emotional intelligence, listen to these 10 articles by experts in the field. We've combed through hundreds of articles in the Harvard Business Review archive and selected the most important ones to help you boost your emotional skills - and your professional success. This book will inspire you to: Monitor and channel your moods and emotions Make smart, empathetic people decisions Manage conflict and regulate emotions within your team React to tough situations with resilience Better understand your strengths, weaknesses, needs, values, and goals Develop emotional agility

## **Book Information**

Audible Audio Edition

Listening Length: 5 hours and 29 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: August 4, 2015

Language: English

ASIN: B00ZDWF38Y

Best Sellers Rank: #48 in Books > Health, Fitness & Dieting > Mental Health > Emotions #65 in Books > Health, Fitness & Dieting > Psychology & Counseling > Personality #77 in Books > Audible Audiobooks > Business & Investing > Leadership & Management

## **Customer Reviews**

This is one in a series of volumes that anthologizes what the editors of the Harvard Business Review consider to be "must reads" in a given business subject area, in this instance emotional intelligence. I have no quarrel with any of their selections, each of which is eminently deserving of inclusion. Were all of these ten article purchased separately as reprints, the total cost would be \$60 and the practical value of any one of them exceeds that. Given the fact that now sells this one for only \$14.97, that's quite a bargain. The same is true of volumes in other series such as "HBR Guide to...," "Harvard Business Review on...," and "Harvard Business Essentials." I also think there is great benefit derived from the convenience of having a variety of perspectives and insights gathered in a single volume. In all of the volumes in the "HBR 10 Must Reads" series that I have read thus far, the

authors and their HBR editors make skillful use of several reader-friendly devices that include "Idea in Brief" and "Idea in Action" sections, checklists with and without bullet points, boxed mini-commentaries (some of which are "guest" contributions from other sources), and graphic charts and diagrams that consolidate especially valuable information. These and other devices facilitate, indeed accelerate frequent review later of key points later. Those who read this volume will gain valuable information, insights, and counsel that will help them to monitor and channel their moods and emotions; make smart (i.e. empathic, "people") decisions; manage conflict and regulate emotions within their team; react to tough situations with circumspection and resilience; better understand their strengths, weaknesses, needs, values, and goals; and develop emotional agility.

[Download to continue reading...](#)

HBR's 10 Must Reads on Emotional Intelligence HBR's 10 Must Reads on Communication (with featured article &#147;The Necessary Art of Persuasion,&#148; by Jay A. Conger) HBR's 10 Must Reads on Managing Yourself (with bonus article "How Will You Measure Your Life?" by Clayton M. Christensen) HBR's 10 Must Reads on Strategy HBR's 10 Must Reads on Strategy (including featured article &#147;What Is Strategy?&#148; by Michael E. Porter) HBR's 10 Must Reads on Change Management (including featured article &#147;Leading Change,&#148; by John P. Kotter) HBR's 10 Must Reads on Managing Yourself HBR's 10 Must Reads on Change Management HBR's 10 Must Reads on Leadership HBR's 10 Must Reads on Communication HBR's 10 Must Reads on Strategic Marketing HBR's 10 Must Reads on Teams (with featured article &#147;The Discipline of Teams,&#148; by Jon R. Katzenbach and Douglas K. Smith) HBR's 10 Must Reads on Managing People (with featured article &#147;Leadership That Gets Results,&#148; by Daniel Goleman) HBR's 10 Must Reads on Managing People Social Intelligence: A Practical Guide to Social Intelligence: Communication Skills - Social Skills - Communication Theory - Emotional Intelligence - Dorothy Must Die Stories: No Place Like Oz, The Witch Must Burn, The Wizard Returns (Dorothy Must Die Novella) HBR Guide to Project Management (HBR Guide Series) HBR Guide to Persuasive Presentations (HBR Guide Series) (Harvard Business Review Guides) HBR Guide to Better Business Writing (HBR Guide Series) HBR Guide to Getting the Right Work Done (HBR Guide Series)

[Dmca](#)